



DIVERSE
ELDERS
COALITION

Caring for Those Who Care

The Diverse Elders Coalition's training curriculum, Caring for Those Who Care, is a resource for health, social service providers, and aging professionals to learn about the unique needs of diverse family caregivers.

From 2018 to the present, the Diverse Elders Coalition, in partnership with the Benjamin Rose Institute on Aging, has conducted national research and developed a comprehensive training program to understand the needs and experiences of diverse family caregivers and the elders they care for. This research was made possible with support from The John A. Hartford Foundation.

The research, including a literature review, stakeholder interviews, a national caregiver survey, caregiver focus groups, and analysis, informed the curriculum's development. The training curriculum will equip professionals with insights into the lived experiences of the following caregiving communities:

- African American and Black Caregivers
- American Indian and Alaska Native Caregivers
- Chinese American and Korean American Caregivers
- Hispanic and Latino Caregivers
- LGBTQ+ Caregivers
- Southeast Asian American Caregivers

Fill out our training request form today to learn how to bring this training to your community!

www.diverseelders.org/caregiving

DIVERSE ELDERS COALITION MEMBER ORGANIZATIONS

NAPCA — National Asian Pacific Center on Aging

NCBA — National Caucus and Center on Black Aging

NHCOA — National Hispanic Council on Aging

NICOA — National Indian Council on Aging

SAGE (advocacy and services for LGBTQ+ elders)

SEARAC — Southeast Asia Resource Action Center

1.5 HOUR OVERVIEW DESCRIPTION

This 90 minute training will provide a high-level overview of the six diverse caregiving communities represented by the Diverse Elders Coalition.

The overview combines cultural insights, dynamic learning activities, and novel findings from the research to raise awareness and bolster culturally informed practices for health and aging professionals. Providers can expect to leave the training with an introduction to the following:

- Key research findings from a survey of more than 1000 diverse family caregivers
- The impact of culture and care on the health and well-being of diverse family caregivers
- Organizational and provider-level best practices
- Resources for further learning

MODULE DESCRIPTION

Each 1 hour training module focuses on the unique needs of each of the six caregiving communities represented by the Diverse Elders Coalition.

Providers will have the opportunity to learn about the challenges diverse family caregivers face every day in caring for their loved ones while navigating health and aging systems. In addition, providers will gain quantitative and qualitative insights into the challenges and benefits of diverse family caregiving. Providers will learn best practices and identify ways they can better support and serve diverse family caregivers.

The training can be tailored to meet the needs of your organization through a combination of the 7 different modules and price points vary.