

PREPARING FOR THE HART TRIP



f : HillsboroughTransit

X : GoHART

RIDING THE BUS

Many individuals with autism prefer to use public transportation instead of driving their own car or relying on other people to give them a ride to the places they need or want to go. For this reason, it is important to become familiar with mass transit options, and the social rules to follow when using public transportation.

ASSEMBLE AN "OFF WE GO" BAG of favorite calming tools, electronic devices, books, drawing pads, and snacks for the trip.



USE HART TRIP PLANNER to figure out the stops on your route and to estimate cost and length of trip.



The **NUMBER** and the **DESTINATION** of the bus are listed **ABOVE THE WINDSHIELD**.



Get on the bus **USING THE DOOR NEAREST TO THE DRIVER** and in order of who was waiting at the bus stop the longest.



Sometimes the drivers are focused on being timely (especially if they are late) and **WILL NOT** have time to chat.



USE THE HAND GRIPS AND POLES if you are standing.



PULL THE CORD or **PUSH THE STOP BUTTON** about a block before your stop.

HAVE YOUR TICKET OR PAYMENT READY when you get on the bus. Remember, you need **EXACT CHANGE** if paying by **CASH**.

