

Client Eligibility for Home-delivered Meals

1. **Client must meet ALL the following criteria to be eligible for home-delivered medically tailored meals.**
 - Age 60 or older; or the spouse of someone age 60 or older
 - Lives in Howard County
 - Score of A or B on Home-delivered Meal Prioritization Tool (complete to determine eligibility)
2. **Qualifying Condition:** The client needs to be at a critical stage of at least one of the following life-threatening illnesses.

Check qualifying condition(s):

- Diabetes:**
 - Is client's A1C level over 8?
 - Is client insulin-dependent?
 - Does client have diabetes-related complications like peripheral neuropathies, retinopathy, blindness, or amputations?
 - Renal disease:**
 - Does client have Chronic Kidney Disease Stage 3 to 5?
 - Is client on dialysis?
 - Liver disease:**
 - Does client have liver cirrhosis (with symptoms such as edema, ascites, encephalopathy) or liver failure?
 - COPD:**
 - Does client have severe or very severe stage of COPD?
 - Is client on oxygen support?
 - Heart disease:**
 - Does client have heart failure or coronary artery disease with multiple cardiac meds, recent hospitalization/surgery/event?
3. **Mobility Status:** The client must have reduced mobility in order to qualify.
 - Decreased mobility (uses cane or walker) but not bedbound
 - Bedbound

Does the client qualify for medically tailored home delivered meals?

- YES:** Complete client questionnaire for Moveable Feast.
- NO:**
 1. If priority score of A or B and does NOT have qualifying condition, refer to Meals on Wheels of Central Maryland at (410) 558-0932.
 2. If priority score C, D, or E and does NOT have qualifying condition, refer to Howard County Congregate meal program (howardcountymd.gov/nutrition).
 3. If priority score of C, D, or E and DOES have a qualifying condition, refer to Howard County individualized nutrition education with registered dietitian (howardcountymd.gov/nutrition).

Home-Delivered Meal Prioritization

1a) If you had groceries available, would you be able to use them to prepare hot meals?

Yes [Skip to Question 2]

No [Ask Question 1b]

1b) Do you have reliable help with meal preparation?

Yes [Continue to Question 2]

No Stop Questionnaire: **APPLICANT IS LEVEL A PRIORITY**. Circle Level A below.

2) During the last month:

2a) How often was this statement true: The food that we bought just didn't last, and we didn't have money to get more.

Often (1 point) Sometimes (1 point) Never (0 points)

2b) How often was this statement true: We couldn't afford to eat balanced meals.

Often (1 point) Sometimes (1 point) Never (0 points)

2c) Did you or other adults in your household ever cut the size of your meals because there wasn't enough money for food?

Yes (1 point) No (0 points)

2d) Did you or other adults in your household ever skip meals because there wasn't enough money for food?

Yes (1 point) No (0 points)

2e) Did you ever eat less than you felt you should because there wasn't enough money for food?

Yes (1 point) No (0 points)

2f) Were you ever hungry but didn't eat because you couldn't afford enough food?

Yes (1 point) No (0 points)

Add up the points from Questions 2a-f: _____

3) Are you able to get groceries into your home when you need them?

___ Yes Select the range this applicant's score from 2a-f fits into:

- Score is 0-1 " Stop Questionnaire: **APPLICANT IS LEVEL E PRIORITY**
- Score is 2-6 " Stop Questionnaire: **APPLICANT IS LEVEL C PRIORITY**

___ No Select the range this applicant's score from 2a-f fits into:

- Score is 0-1 " Stop Questionnaire: **APPLICANT IS LEVEL D PRIORITY**
- Score is 2-6 " Stop Questionnaire: **APPLICANT IS LEVEL B PRIORITY**

CIRCLE THE CORRESPONDING PRIORITY LEVEL BELOW

Level	Criteria	Reasoning
A	<ul style="list-style-type: none"> ✓ Unable to cook ✓ Does not have help with cooking 	Even if they are able to afford food and get it into the home, they cannot prepare any food they do have, so it is unlikely they are eating consistent healthy meals.
B	<ul style="list-style-type: none"> ✓ Can cook or has help ✓ Food insecure ✓ Cannot obtain groceries 	Obtaining groceries is an issue, but if they had financial help and help getting food into the home, a meal could be prepared.
C	<ul style="list-style-type: none"> ✓ Can cook or has help ✓ Food insecure ✓ Can obtain groceries 	They could physically get and prepare food, however they cannot afford it.
D	<ul style="list-style-type: none"> ✓ Can cook or has help ✓ Food secure ✓ Cannot obtain groceries 	Can afford food and can prepare it, but unable to get groceries into the home. Grocery delivery services may be an option.
E	<ul style="list-style-type: none"> ✓ Can cook or has help ✓ Food secure ✓ Can obtain groceries 	Can afford food. If they score here, they may have minimal physical limitations, or they have help with both getting groceries and cooking.