Speed Networking with Nutrition Innovation Grantees:

CONNECT, LEARN & GO!

Iowa Department on Aging

Bambi Press, RDN, LD
Healthy Aging Director
Sample Speed Networking Questions:

• What is the ‘why’ behind your project?
• What are some things that have worked really well?
• Are there tools you find extremely valuable? (Software, partners, etc.)
• What has been your biggest challenge? How did you overcome it?
• How did you go about finding appropriate partners/partner organizations?
• What other funding sources have you/are you utilizing?
• How will this project be sustainable once your grant period is done?
• What stakeholders did you need buy-in from?
• What do you wish you would have known prior to beginning the project?
• Words of wisdom

For more information and sample materials we encourage you to scan the QR code to be taken to our sessions website!
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AgeOptions

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Evaluation and Planning Coordinator

Paul Bennett, PhD, MSW
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Project Open Hand

Sami Wilkinson  
Manager, Wellness Program, Oakland
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