Why Age-Friendly Communities Matter

Beth Kowalczyk, Chief Policy Officer, Ohio Association of Area Agencies on Aging; City Councilmember – Worthington, Ohio

Matt Reed, Vice President, Community Engagement, Direction Home Akron Canton Area Agency on Aging and Disabilities

Christina Happel, Assistant Director, Age-Friendly Innovation Center and Age Friendly Columbus and Franklin County, Ohio State University College of Social Work
A Livable Community for All Ages
The 8 Domains of Livability

- Housing
- Outdoor Spaces and Buildings
- Transportation
- Communication and Information
- Social Participation
- Health Services and Community Supports
- Respect and Social Inclusion
- Civic Participation and Employment

Other Areas
- Emergency Preparedness
- Elder abuse
- Public safety
- Dementia-friendly

LEARN MORE
AARP.org/Livable
Developing an age-friendly community: the process

Year 1: Conduct a survey and listening sessions

Year 2: Create an action plan

Years 3-5: Implementation

Year 5: Progress / status update

Enrollment
North Dakota

Ohio

- Akron: Joined 2019
- Athens County: Joined 2020
- Bellbrook: Joined 2020
- Brookville: Joined 2022
- Centerville: Joined 2022
- Cincinnati: Joined 2018
- Cleveland: Joined 2015
- Clinton County: Joined 2018
- Columbus: Joined 2015
- Cuyahoga County: Joined 2022
- Delaware County: Joined 2018
- Franklin County: Joined 2018
- Harrison Township (Montgomery County): Joined 2022
- Huber Heights: Joined 2022
- Kettering: Joined 2022
- Licking: Joined 2023
- Miami County: Joined 2022
- Oxford: Joined 2017
- Stark: Joined 2022
- Struthers: Joined 2021
- Summit County: Joined 2020
- Washington Township (Montgomery County): Joined 2022
- Westerville: Joined 2018
- Worthington: Joined 2020
- Xenia: Joined 2022
- Yellow Springs: Joined 2019

For more information, contact: AARP Ohio, ohaarp@aarp.org
Worthington, Ohio

Joined the AARP Age-Friendly Network:
9/29/2020

Lead Agency: Griswold Center
Government Agency

Action Plan
An action plan is based on the results of community surveys identifying needs within the 8 Domains of Livability that influence the health and quality of life of older adults. While there is flexibility in how a plan is created and what it will do, every action plan includes a statement about what can be achieved, target dates for goal completion, identification of participating organizations and indicators to measure progress. The action plan is an "active" rather than static document. Revisions and amendments are a sign of program improvement and progress.

Livability Index Score

55

This Member Community is in

County
FRANKLIN COUNTY

Joined the AARP Network
2018

Don't see your community listed?
LEARN HOW IT CAN JOIN THE NETWORK

OTHER RESOURCES:
OH Worthington Application
OH Worthington Letter of Enrollment
OH Worthington Resolution
City Council Retreat 2019

City Council Passed Resolution No. 77-2019
December 9, 2019

RESOLUTION NO. 77-2019
(As Amended)

WHEREAS, the World Health Organization (WHO) has declared the World Health Day on April 7th to raise awareness about health issues affecting people of all ages, and

WHEREAS, people of all ages benefit from an active lifestyle and the community can play a role in promoting healthy aging by ensuring social support, accessible healthcare, and accessible environments, and

WHEREAS, the City Council recognizes the importance of promoting healthy aging and the need for policies and programs to support seniors, and

WHEREAS, the City Council has a responsibility to ensure that all residents have access to safe, healthy, and affordable housing, healthcare, and transportation, and

WHEREAS, the City Council has passed Resolution No. 77-2019 on December 9, 2019, which acknowledges the importance of healthy aging and the need for policies and programs to support seniors, and

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of Washington, that

SECTION 1. The City Council enacts this resolution to emphasize the importance of healthy aging and the need for policies and programs to support seniors, and

SECTION 2. The City Council enacts this resolution to emphasize the importance of healthy aging and the need for policies and programs to support seniors, and

SECTION 3. The City Council enacts this resolution to emphasize the importance of healthy aging and the need for policies and programs to support seniors, and

SECTION 4. The City Council enacts this resolution to emphasize the importance of healthy aging and the need for policies and programs to support seniors, and

Adopted December 9, 2019
Building Age-Friendly Communities

As Americans live longer and healthier lives, we are choosing to live independently in community settings for as long as possible. This presents opportunities for communities to tap into older adults as a resource, but also challenges that require innovative solutions.
AFIC Mission
The mission of the Age-Friendly Innovation Center is to innovate with older adults through research, education, and engagement to ensure inclusion and build resiliency to make our communities age-friendly.

Principles
AFIC is committed to a set of principles that guide and ground the work of the Center.

- Diversity, Equity, Inclusion
- Accessibility
- Community Engagement
- Interdisciplinary Collaboration
Age-Friendly Technical Assistance Program

Increase the number of new and continue to support current age-friendly communities in Ohio.

At the @o4aadovacy conference, sharing about our #AgeFriendly Technical Assistance Program. Through the support of @healthpathohio, the Age-Friendly Innovation Center offers support and mentorship to communities in all stages of the Age-Friendly work. #o4a2022
The Ohio State University
College of Social Work

CAFCO
Coalition of Age-Friendly Communities of Ohio

Athens County
Joined: 2020
Population: 62,056

Bellbrook
Joined: 2020
Population: 7,328

Brookville
Joined: 2022
Population: 5,968

Centerville
Joined: 2022
Population: 24,729

Cincinnati
Joined: 2018
Population: 308,935

Cleveland
Joined: 2015
Population: 367,991

Columbus
Joined: 2015
Population: 906,528

Cuyahoga County
Joined: 2022
Population: 1,249,387

Delaware County
Joined: 2018
Population: 220,740

Franklin County
Joined: 2018
Population: 1,321,414

Harrison Township
(Montgomery County)
Joined: 2022
Population: 21,841

Kettering
Joined: 2022
Population: 57,377

Licking County
Joined: 2023
Population: 181,359

Miami County
Joined: 2019
Population: 109,264

Oxford
Joined: 2017
Population: 22,625

Stark County
Joined: 2022
Population: 373,834

Summit County
Joined: 2020
Population: 537,633

Washington Township
(Montgomery County)
Joined: 2022
Population: 61,020

Westerville
Joined: 2018
Population: 38,862

Worthington
Joined: 2020
Population: 14,564

Xenia
Joined: 2022
Population: 25,463

Yellow Springs
Joined: 2019
Population: 3,750

Co-Chair
Marisa Sheldon, Columbus and Franklin County
sheldon.127@osu.edu

Co-Chair
Susan Sigmon, Akron, Stark County, and Stark County
ssigmon@dhad.org
AFC Course 1: Introduction to Age-Friendly Communities

Course 1:
Introduction to Age-Friendly Communities

The Age-Friendly Innovation Center (AFC) at the Ohio State University College of Social Work has partnered with local and national experts to create an online training that provides the opportunity for participants to earn a Leadership in Age-Friendly Communities Certificate, signifying competency in the foundational tenets of creating an age-friendly community. The Certificate will maximize the impact of Age-Friendly Communities by creating a standardized educational curriculum that includes the best evidence available about creating Age-Friendly communities on a platform that is accessible anywhere in the world.

Age Friendly Innovation Center
Age-Friendly Partnership with AAAs

- Nesterly Home sharing
- Lyfting Villages Lyft Pilot
- Central Ohio Regional Assessment on Aging
- Age-Friendly Innovation Center Scholars Program
- Big Table + Weather & Aging Resilience Program (WARM)
- File of Life
- Columbus and Franklin County Senior Services Roundtable
- Covid – 19 Emergency Response
- Greater Columbus Network of Villages, local Village movement
Lyfting Villages
Nesterly Home-sharing Program
Central Ohio Regional Assessment on Aging (CORAA)

**Purpose of Survey**
To measure the preferences and needs of local older adults and establish an empirical basis for policy and service innovation.

**Method**
Surveys were mailed to a representative sample of 9460 adults aged 50 and older living in 8 counties in Central Ohio resulting in a 15% response rate and 2.7% margin of error at 95% confidence.

*CORAA was made possible with support from* the Central Ohio Area Agency on Aging, the City of Columbus, The Columbus Foundation, the Franklin County Auditor’s Office, and the Franklin County Office on Aging.
2021 Central Ohio Regional Assessment on Aging

The Age-Friendly Innovation Center (AFIC), a center of The Ohio State College of Social Work, innovates with older adults through research, education, and engagement to ensure inclusion and build resiliency to make our communities age-friendly. AFIC is committed to diversity, equity, inclusion, accessibility, community engagement, and interdisciplinary collaboration.

In Autumn of 2021, AFIC, The Central Ohio Area Agency on Aging, and the Franklin County Office on Aging collaborated to conduct the Central Ohio Regional Assessment on Aging. These results are based on randomly selected residents that are 50 years or older and live in the following eight counties: Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway, and Union and the City of Columbus.

The AFIC is committed to providing this assessment data in an accessible manner to the widest possible audience. Should you experience any difficulty in accessing this data, or have suggestions for how to improve accessibility, please contact us at agefriendly@osu.edu.

Age-Friendly Innovation Center Scholars Program

- Cross-discipline experience, with focus on intergenerational opportunities
- Holistic understanding of aging, the aging network and the Age-Friendly movement
- Mentorship from an interdisciplinary team and a professional network of local city and county agency partners
- Opportunity to participate in research, publications, and presentations
- Understanding of incorporating the aging and accessibility lens to future professional roles
Weather and Aging Resilience Program (WARM) for Affordable Housing
What conversation could you be having with your local AAA?
www.agefriendlycolumbus.org

@AgeFriendlyOH
WHY DIRECTION HOME AGING AND DISABILITIES IS A LEAD IN AGE FRIENDLY EFFORTS

- Alignment with current AAA Mission and Vision
- Alignment with AAA role and requirements
- Momentum for Aging in Place Initiatives
AGE-FRIENDLY 101

The 8 Domains of Livability

Housing
Outdoor Spaces and Buildings
Transportation
Communication and Information
Social Participation
Health Services and Community Supports
Respect and Social Inclusion
Civic Participation and Employment

Other Areas
- Emergency Preparedness
- Elder abuse
- Public safety
- Dementia-friendly

LEARN MORE
AARP.org/Livable

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ALIGNMENT WITH MISSION AND VISION

- Social Determinants of Health and Aging
- Long Term Services and Supports Provision
# Social Determinants of Health

## Economic Stability
- Employment
- Income
- Expenses
- Debt
- Medical bills
- Support

## Neighborhood and Physical Environment
- Housing
- Transportation
- Safety
- Parks
- Playgrounds
- Walkability
- Zip code / geography

## Education
- Literacy
- Language
- Early childhood education
- Vocational training
- Higher education

## Food
- Hunger
- Access to healthy options

## Community and Social Context
- Social integration
- Support systems
- Community engagement
- Discrimination
- Stress

## Health Care System
- Health coverage
- Provider availability
- Provider linguistic and cultural competency
- Quality of care

## Health Outcomes
- Mortality
- Morbidity
- Life Expectancy
- Health Care Expenditures
- Health Status
- Functional Limitations
## Social Determinants of Health

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### Health Outcomes
- Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations
According to Administration for Community Living:

“An Area Agency on Aging (AAA) is a public or private nonprofit agency designated by a state to address the needs and concerns of all older persons at the regional and local levels. AAA is a general term—names of local AAAs may vary.

AAAs are primarily responsible for a geographic area, also known as a planning and service area (PSA), that is either a city, a single county, or a multi-county district. AAAs may be categorized as a county, city, regional planning council or council of governments, private, or nonprofit.

AAAs coordinate and offer services that help older adults remain in their homes, if that is their preference, aided by services such as home-delivered meals, homemaker assistance, and whatever else it may take to make independent living a viable option. By making a range of supports available, AAAs make it possible for older individuals to choose the services and living arrangements that suit them best.”
Older Americans Act

“for community planning and social services, research and development projects, and personnel training in the field of aging”
Many action steps/outcomes require ongoing funding

Medicaid vs. Private Pay

Senior Service Levies

AAA as THE leader in older adult planning and services in the community
OVERARCHING THEMES

A. Educate & Empower
B. Communicate Broadly
C. Remove Barriers
D. Increase Connections
E. Enhance Livability
F. Improve Community Services
HIGHLIGHTED ACTION STEPS

- **Develop a “positive aging campaign”** featuring older adults in the County that shines a positive light on aging and involves all residents.

- **Launch a communication campaign** that focuses on educating older adults about the use of and benefits to utilizing all transportation options in the County.

- **Create an “Age-Friendly Seal of Approval” Program** aimed at businesses, service providers, transit options and public spaces to improve the County's “age-friendliness.”

- **Create a countywide older-adult social and events resource** that can be made available to the public.

- **Develop a countywide home improvement and maintenance program** that offers services regardless of homeownership status.

- **Enhance the County’s geriatric/gerontological services** to more comprehensively guide the older adult and their caregivers as they age.
WHY DIRECTION HOME AGING AND DISABILITIES IS A LEAD IN AGE FRIENDLY EFFORTS

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**Health Outcomes**
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